



DENTAL IMPLANT & ORAL SURGERY

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WWW.SARASOTAORALSURGERY.COM

Mandible Fracture Post-Op Instructions

These instructions are designed to promote healing, safety and comfort.

- Keep head elevated while sleeping for the first 3 days
- Use wax over sharp wires for comfort
- Use Vaseline or other soothing lip balm on lips as needed for comfort
- Excellent oral hygiene is MANDATORY. Gently brush teeth with soft brush and toothpaste, and rinse with warm salt water (1/2 tsp in 8 oz water) after every meal
- Proper nutrition must be maintained - high protein, high calorie liquid diet.
- Do not drink alcohol or use recreational drugs.
- Do not smoke
- Do not use mouthwash or peroxide, only warm salt water or Peridex, if prescribed
- Avoid any further trauma to jaw. Restrict further exertion. Walking is encouraged.
- Notify us for loose wires, ability to move jaw, fever, increased swelling, redness, pain or drainage
- Go to the Emergency Department immediately for difficulty in breathing or swallowing.
- Take medications as prescribed.
- While you are using narcotic pain medicine, do not drive, drink alcohol or perform any activity which requires attentiveness.

IF YOU ARE HAVING ANY ISSUES PLEASE CALL OUR OFFICE DURING REGULAR OFFICE HOURS: MONDAY – FRIDAY 8:00am – 4:30pm (941) 923-0033

DR. RASKA CAN BE REACHED ON HIS PERSONAL CELL PHONE AFTER HOURS: (314) 677-5039