



Oral & Facial Surgery Center

Gary M. Raska, D.M.D.

3940 Swift Rd.

Sarasota, FL. 34231

(941) 923-0033

FOR PATIENTS HAVING SEDATION:

Hydrate well the day before surgery.

Brush teeth thoroughly morning of surgery.

Do not wear contact lenses to your surgical appointment.

For Female Patients - Any nail polish or acrylic nails need to be removed for proper monitoring during surgery. Please do not wear jewelry or makeup.

NPO – Nothing by mouth. No food or drink for at least 8 hours prior to surgery.

AM Medications - Morning medications can be taken with a few sips of water at least 2 hours prior to surgery. For patients with Diabetes, do not take any diabetes related medications while fasting.

Clothing – Short sleeve shirt (V-neck or button down is recommended)
Long pants, closed toed shoes with no heels (tennis shoe, sneaker, etc.)
No flip flops.

For patients having bone marrow aspiration – Dr. will need access to your hip, loose fitting pants (sweat pants, pajama pants) are necessary.

A responsible adult, who can drive, must accompany you.
Someone should be with you at home through the evening after your surgery.

OTHER IMPORTANT INFORMATION:

Any prescriptions given at pre-surgical should be filled prior to surgery, unless otherwise instructed by Dr. Raska prescriptions should be taken post-surgery.

After surgery food recommendations –

Boost, Jell-O, Chilled Peaches or Pears, Pasta, Eggs, Sherbet, Mashed Potatoes